

Appendix 1: A Scientology Glossary

A key part of the Scientology mind control is establishing its own language. George Orwell wrote volumes on the use of language as a control mechanism and nowhere is this more true than in Scientology. Unfortunately, there's no way to talk about Scientology without using many of its custom words and phrases. To help with this, I've compiled a list of words I've used in this book and done my best to provide easy to understand definitions for each. There are many hundreds of specialized words beyond just these; this is just a sampling of them. The full dictionaries of Dianetics and Scientology technical and administrative terms are available online but I don't recommend getting too much involved in them, as Hubbard's jargon is purposefully vague, confusing and bizarre.

Advanced Organization (AO): a high-level Scientology church specializing in delivering the OT Levels up to OT V.

Applied Scholastics: a supposedly secular branch of the Church of Scientology whose purpose is to get Hubbard's Study Technology widely into use in public and private schools, nominally to battle illiteracy and poor education standards.

auditor: a Scientology practitioner or counsellor. They are called "auditors" from the Latin root *auditus* which means "to listen".

auditing: a type of counselling or therapeutic procedure in Scientology which an auditor (Scientology practitioner) carries out on a preclear (Scientology patient). This can consist of asking various questions about things that are troubling or have troubled a preclear in the past, or giving the preclear simple tasks to perform which are supposed to raise his spiritual awareness and abilities.

bank: another term for *reactive mind*.

black PR: to criticize or vilify something in order to defame or make less of it. In Scientology, anytime someone is spreading black PR, the reason for this is because they have committed overt acts against the thing they are black PRing and have evil intentions toward that person or thing. An example of black PR would be “Scientology staff don’t ever get paid.” It might be true but the fact it creates a bad or poor image for Scientology makes it black PR against Scientology and therefore something to be suppressed.

body thetans: semi-conscious or nearly dead spiritual entities which are unaware of their actual individual existence and which group or conglomerate on the bodies of people, sort of like spiritual parasites. It’s revealed on Scientology’s confidential OT III how these body thetans came to be and how they are attached to the bodies of every individual on Earth and affect their thoughts and emotions.

Bridge to Total Freedom: the Scientology euphemism for the series of steps every person in Scientology takes to achieve personal spiritual freedom and immortality. This Bridge is graphically displayed as a large chart, with the training steps on the left side and the auditing/counselling steps on the right. One is supposed to go up “both sides” of the Bridge for maximum gains, but most Scientologists focus primarily on the right side which is where one achieves Clear and does the OT Levels. The analogy of the bridge comes from the last chapter of *Dianetics: The Modern Science of Mental Health* where Hubbard alludes to the idea of building a bridge over a large chasm, allowing one

to cross from the current state of man to a higher plane of existence on the other side of the chasm.

case: the Scientology term for the sum total of all the things wrong with a person personally or spiritually. Scientology auditing addresses a person's case and gets rid of it. The end result of all Scientology auditing is a person with no more case to handle.

case gain: progress made in addressing one's case and therefore a measure of spiritual improvement. One makes case gain in auditing and training. According to Scientology theory, one prevents case gain by committing overts, which impede spiritual improvement.

Clear: a state of being where a person no longer has his own reactive mind, meaning he is no longer carrying around the mental stress, trauma and aggravation which come from hidden memories of physical pain and unconsciousness. This is accomplished by erasing all the engrams in the person's reactive mind. A Clear is supposed to have super-human abilities such as very rapid thought processes, increased learning ability, eidetic memory and full recall of everything which ever happened to him in his lifetime. See also *reactive mind* and *engram*

Command Intention: the desires and orders of the person in charge of Scientology. Originally L. Ron Hubbard, that mantle was taken over in the mid-1980s by David Miscavige. Those in charge of the Sea Org, and therefore in charge of Scientology, are referred to as "Command". Command Intention is therefore an expression denoting what Command wants done. All Sea Org members taken an oath to "uphold, forward and carry out Command Intention."

Completed Staff Work (CSW): a formal written request for approval on some project or action. A CSW states what the problem or situation is which requires remedy, gives all the information as to why the proposed solution is the best one and states clearly exactly what the solution is. A person who receives a CSW is supposed to be able to read

or review it and with no other information, approve or reject it accordingly.

Continental Justice Chief (CJC): the person at continental management level who deals with all Scientology justice procedures, ensures they are being done according to Hubbard's policies on such matters and conditionally approves or rejects SP declares before they are sent up to the International Justice Chief for final approval.

CSW: see *Completed Staff Work*

destructive cult: because there is some confusion in many people's minds about the difference between a religion, a cult and a destructive cult, I'm providing this definition to clarify how this term is used in this book. In this book, a destructive cult is defined as a high control group which uses manipulation and deceitful methods to draw people into its membership, exploits them for monetary or other gain, and uses physically and/or psychologically damaging methods of control to keep its members in line and discourage them from leaving.

E-meter: short for electropsychometer, an electronic device which detects changes in resistance to an electric current which is run through the skin. A person holds tin cans, one in each hand, which complete an electric circuit through the body. As the person thinks of things, this creates physiological changes such as micro-increases in sweat production, hormonal and glandular changes, increased heart rate, etc. All these things create reactions on the needle of the E-meter, which are interpreted by Scientology auditors as changes in the person's mind. They are not changes in a person's mind, they are changes in the body. According to Hubbard's directions, E-meters are used in Scientology auditing to find areas of "charge" where supposedly there is accumulated emotional and mental trauma so processes can be run to get rid of that charge.

engram: a memory stored in the reactive mind which contains pain and unconsciousness. For example, if a child were bitten by a dog and someone rushed up and yelled at the dog, “Get out of here!”, all the perceptions during that moment of being bitten would not be available as a regular memory in the analytical (conscious) mind, but would be stored in the reactive mind as an engram. The memory of the incident would then be used later on by the reactive mind if the present circumstances approximated the same circumstances in the engram, so as to get the person to avoid being hurt again. In the example above, maybe years later, let’s say that same person is walking down a street very similar in appearance to the one where he encountered the dog. He will start to feel uncomfortable and perhaps get the idea something is not right. If he stays on the street and hears a car with a similar sound to one which drove by when he was bitten, his sense of danger and unease will increase and his hand could even start hurting for no apparent reason. This is his reactive mind telling him to get away from that area. If the person continues walking down the street and hears a dog barking similar to the one which bit him all those years ago, his hand will definitely start hurting and he will start making up excuses and reasons why this is occurring (since he has no rational or analytical idea why he feels this way) and he will feel an overwhelming urge to leave the area (coming from the command “get out of here” also contained in the engram).

entheta: bad news or anything which would make a person feel downcast, sad, upset or angry.

Estates Project Force (EPF): a sort of “boot camp” for the Sea Organization. It consists of the new recruits doing classes for five hours a day, studying the basics of what it means to be a Sea Org member, how to salute and take orders and what the SO’s basic policies state. The rest of the day is spent drilling and/or running around doing cleaning or other similar grunt work to instill discipline and camaraderie with fellow EPFers.

ethics: in Scientology, ethics connotes someone's personal level of moral behavior, the relative goodness or badness of their actions and lifestyle. If someone "has their ethics in" then they are following the rules or morals they have agreed to, whereas if someone "goes out-ethics" or "has their ethics out" then they are knowingly violating agreements they previously made or the laws under which they live.

ethics change: when someone was doing bad things and has now seen the error of their ways and has reformed.

Fair Game: when someone is considered an enemy of Scientology and declared a Suppressive Person, they are deemed "Fair Game". This policy was created in 1965 as a retaliatory measure against critics and anyone Hubbard felt wronged him. Originally, this policy meant those labelled as Fair Game could be deprived of property or injured by any means by any Scientologist and those Scientologists would not get into any trouble by Scientology justice. Additionally, those SPs could be tricked, sued, lied to or destroyed. The practice of labelling someone as "Fair Game" was cancelled in 1968 once it became a public relations nightmare, but Hubbard clarified the treatment and handling of Suppressive Persons did not change at all, meaning the above listed actions were still authorized to be taken against SPs.

Grades: also referred to as Lower Grades, these are a series of auditing steps taken on the route to becoming Clear. There are five Grades, each addressing a specific subject with the idea difficulties or problems with that subject will be completely a thing of the past after the Grade is done. Grade 0 addresses communication, Grade I addresses problems, Grade II addresses overts, Grade III addresses upsets and Grade IV addresses fixed conditions.

Guardian's Office (GO): an intelligence and public relations branch of the Church of Scientology which carried out covert operations under the direction of Mary Sue Hubbard, L. Ron Hubbard's wife, in her role

as the Guardian. Established in the last 1960s, the Guardian's Office was not part of the Sea Org, but existed as its own organization. It carried out numerous operations against anyone Hubbard named as an enemy of the Church of Scientology to ruin them professionally and/or personally. The Guardian's Office carried out the most widespread and extravagant operation against the United States government in history, infiltrating the IRS, FBI and numerous other government organizations in an effort to "clean their files" of anything relating to crimes committed by L. Ron Hubbard.

High Crime: the most serious offenses listed in the Scientology Justice Codes, consisting mainly of actions taken directly against Scientology such as publicly departing from Scientology, using its trademarks without permission, testifying in court against Scientology, reading anti-Scientology material on the internet, knowingly associating with people the Church has declared Suppressive Persons and the like. In short, High Crimes are anything the Church doesn't want someone to do because it would be interpreted as somehow damaging to Scientology itself.

IAS: see *International Association of Scientologists*

Int Management: short for International Management, the group of Sea Org personnel responsible for directing international Church operations.

International Association of Scientologists (IAS): the mandatory membership group of Scientology. Founded in 1984 by David Miscavige without the authorization or consent of L. Ron Hubbard, the IAS bleeds money from Scientologists using extravagant, high-intensity hardsell tactics. There are various membership levels available which exist as a sort of status symbol amongst Scientologists, such as Patron, Crusader, Patron Meritorious, Silver Patron with Honors, etc, each level requiring more and more donations. In addition to selling membership statuses, the IAS fundraisers also push members for

straight donations, claiming the end of the world is near and Scientologists are the only hope for saving mankind by paying more and more money into the IAS's coffers. Almost every natural or man-made disaster is utilized as an excuse by IAS fundraisers to push Scientologists to donate money, nominally for relief efforts or to bring aid to victims of those disasters. There is no accountability or evidence much or any of the funds raised go toward any disaster relief or aid and the IAS is under no obligation to provide information about where its funds go.

International Justice Chief (IJC): the person responsible for seeing Scientology justice procedures are carried out according to Hubbard's policies on such matters. He approves or rejects all suppressive person declares and is supposed to be the one to deal with anyone who has been declared an SP if they want to do the necessary steps to regain good standing with Scientology.

MEST: short for Matter, Energy, Space and Time, a coined word to stand for the four components which make up the physical universe.

misemotional: having inappropriate or negative emotions about something. For example, if a person were laughing at a funeral, this would be considered misemotional. In more recent times, misemotion in Scientology has come to mean any negative emotion, whether appropriate or not, such as getting angry or upset when faced with irrationality or being told to get too many things done in too short a period of time.

mission: a privately owned Scientology franchise group, meaning a group granted the right to deliver basic Scientology training as well as auditing services up to the state of Clear. Missions do not train Scientology auditors, as that is done at orgs. Their primary purpose is to introduce new people to Dianetics and Scientology, give them a taste of what it's all about and then send them to the closest Church of

Scientology. A percentage of the profits of a mission are sent each week as a tithe to the Church of Scientology International.

Narconon: a supposedly secular branch of the Church of Scientology which is licensed to deliver Hubbard's procedures to get drug addicts physically detoxified and off drugs. Hubbard's theory of how drug addiction works and how drugs stay lodged in the body years after they are taken have been proven to be scientifically invalid, yet Narconon bases its entire program on this pseudoscience. The result has been patient deaths and rampant credit/insurance fraud in facilities around the United States.

natter: criticizing or finding fault with something and/or complaining about it. In Scientology, the only reason a person ever natters about someone or something is because they have committed overts against the thing they are criticizing or complaining about, even if such criticism is entirely deserved.

Office of Special Affairs (OSA): the current intelligence, PR and legal division of the Church of Scientology. OSA is managed by the Sea Organization, whose members constitute its management structure and form the main body of its organization, while lower Class V organization staff (called Directors of Special Affairs) and Scientologist volunteers do much of the day-to-day grunt work in local areas. While OSA does engage in some public relations efforts to try to give the Church of Scientology a veneer of legitimacy in the media, the vast bulk of its activities consist of legal and intelligence work. OSA hires non-Scientologist attorneys and private investigators to prosecute cases, do investigations, as well as harass and stalk critics and ex-Scientologists. Hiring these non-Scientologist professionals gives a layer of plausible deniability to the Church management who direct these stalking and harassment operations.

OT: short for Operating Thetan, meaning a state of being of personal godhood where one is unencumbered by the need to have a physical

body in order to know one is alive and can create, animate, destroy or manipulate any kind of matter, energy, space or even time itself.

OT Levels: the procedures and methods one follows in a step-by-step series in order to achieve the state of OT. These levels and all the information about them are completely confidential and are kept secured in Advanced Organizations of Scientology. One must first attain the state of Clear before he will be allowed to do the OT Levels. It costs tens or even hundreds of thousands of dollars to get through the preliminary steps up to the OT Levels, and tens of thousands of dollars more to do the OT Levels themselves. The highest OT Level released to date is OT VIII but the Scientology Grade Chart shows levels all the way up to XIV.

org: short for organization, and usually referring to a Class V organization, meaning a Church of Scientology which delivers training up to the level of a Class V auditor and auditing services up to the state of Clear.

overt: an overt act, meaning a harmful transgression against the rules or mores a person has agreed to follow. Stealing, lying, murder or slacking off on the job would all be examples of overts.

policy: the guiding principles, methods and procedures by which Scientology organizations or groups are run. Hubbard codified a great many of these in Policy Letters and in some recorded lectures.

preclear: the term for a person who is receiving Scientology counselling or auditing. It literally means a person who has not yet reached the state of Clear but is sometimes used even after that state is reached, as it's easier to say than "pre-OT" (meaning someone who has not yet reached the state of full Operating Thetan).

program: a series of steps done in sequence to accomplish a specific purpose or product. In Scientology management, these are used to

guide the actions of staff members in order to accomplish organizational objectives. For example, a program could have the objective to get 20 new auditors onto post. The steps of the program would include specific actions to recruit 20 people onto staff, put them into training as auditors and eventually get them on to post. Someone would be responsible for overseeing the program and getting the targets done (called executing the program), while various staff would actually do the individual targets. Management personnel in locations remote to the organization where the program is being done can direct the staff on each target and monitor the progress of the program, debug targets if they get stalled or the staff can't figure out what to do and keep sending orders to the staff to get the targets done until the program is completed. By executing various programs in different parts of the organization, the idea is to improve the quality and viability of the organization as a whole over time.

reactive mind: in Dianetics theory, the part of the mind which stores memories containing any degree of pain and unconsciousness. These could be incidents of stubbing one's toe on a sidewalk, falling down and hitting one's head on the ground, or being knocked out in a car accident. Any memory which contains any degree of pain and unconsciousness is hidden away in the reactive mind, and those memories are used in a mechanical way by this mind to keep a person from repeating the circumstances which caused them pain and unconsciousness. See also *engram*.

Registrar (Reg): a Scientology salesman. Called this because they "sign people up" for services and, originally, put their names in a registration book of people who bought services (an older practice not really needed now that we have computers).

Rehabilitation Project Force (RPF): the Sea Org's prison system, designed to "rehabilitate" disaffected and failing Sea Org members through intensive security checking sessions and gruelling physical labor. Its only analogy in the outside world is a Maoist reconditioning

camp. It takes years to complete the program and most SO members who end up on it leave the Sea Org and Scientology altogether.

Religious Technology Center (RTC): the Scientology organization which holds the trademarks and copyrights of Scientology materials and services, and which is supposed to oversee their correct and pure use throughout the Scientology network. What it has become instead is the one and only managing body of all of Scientology, headed up by the Chairman of the Board of RTC, David Miscavige, who ruthlessly directs everything going on in Scientology without regard for its corporate bylaws or internal organizational structure.

Sea Organization (SO): the paramilitary group of dedicated Scientologists who work as the “clergy” or core group of Scientology’s operations. Sea Org members sign contracts dedicating themselves to the cause of Scientology for a billion years and take that commitment literally. They live in communal quarters, eat together and work an average of 16-18 hours a day, often with only a handful of days off each year. They pledge to “uphold, forward and carry out Command Intention” meaning to do whatever it is the leader of Scientology tells them to do. The Sea Organization was founded by L. Ron Hubbard in 1967 aboard ships Hubbard purchased and which sailed in the Mediterranean and European waters in the late 1960s and early 1970s before they transferred to a land-based operation in Clearwater, Florida in the mid-1970s. They have maintained a nautical tradition ever since, using ranks and ratings, dressing in naval dress uniforms during official ceremonies, etc.

security check (sec check or confessional): a kind of auditing procedure where a person is asked direct questions asking for various types of overts or wrongdoing and are then made to confess everything about those overts, one at a time. The auditor persists until he gets the person to confess everything they did and thought about regarding each overt. These are all written down on worksheets and stored in folders. Often, separate reports are written (called Knowledge Reports) which

detail all the overt acts the person confessed to and these KRs are put in separate folders, called Ethics Files. Ethics Officers will collect up these reports in these files and then confront the person after the security check and make them do amends or restitution for the overt acts they confessed. This often involves paying money or doing amends projects to “take responsibility” for what they did. Should a person later leave Scientology altogether, the contents of these files can be used against them to attempt to publicly shame them into silence if they become vocal against Scientology.

self-determinism: a common expression in Scientology for the idea a person is doing exactly what they want to be doing or are determining their own destiny. Someone who has to take orders or directions from others is not self-determined but is other-determined. Additionally, if someone is ruled by their mental problems or past stresses and traumas, they are considered to also not be self-determined. Scientology states one of its primary goals is to restore a person to a state of full self-determinism.

service facts: short for *service facsimile*. In Scientology, a *facsimile* is another word for a mental image picture since it represents a copy of what a person has seen or experienced. A service facsimile is a mental image picture a person uses to explain a disability or fault or personal issue and which serves him by making him right and others wrong. It has the additional value of also creating sympathy for the person using it, which is one reason why the person will continue to use it. For example, if a child gets sick he has a fault or problem. He could come up with the idea he’s sick because his mother makes him go to school. Then, when his mother tells him he has to get better and go to school, he purposefully wills himself to continue to be sick, using the mental image picture of his sickness. This makes him right for not going to school because he can’t go to school when he’s sick, and also serves the purpose of making his mother wrong for trying to “force him” to go to school. It should also gain him sympathy from his mother, who will coddle him or take care of him because he’s sick. This service facsimile

will stay with him as a sort of mental mechanism which he will continue to use, but after a while he doesn't even realize he's doing it. For example, years later he could be married and not want to go to work, so this service facsimile comes into play subconsciously and his body gets sick. If his wife or his boss are unsympathetic types and doesn't coddle or help him, the service facsimile will kick in even harder and his body will get more seriously ill, all in an effort to make him right and them wrong and gain their sympathy and support for his weakened condition. A person can have any number of service facsimiles underlying disabilities or personal issues; the service facs actually hold these disabilities in place and keep the person from getting over them and therefore a person would be better off without them.

squirrel: someone who is altering or changing Scientology procedures or methods for their own ends, or is using any of Dianetics and Scientology without the authorization or consent of Hubbard and/or Scientology. It is a derogatory term in Scientology to describe anyone who does not cooperate with what the Church is telling them to do.

stats: short for statistics. In Scientology, statistics are a measure of production and are measured week-to-week. Any job or post can be statisticized, meaning its production can be measured by some kind of countable production unit. For example, if a person is a Scientology auditor, their statistic is the number of hours of auditing they perform each week. For a salesman, it would be the amount of money they got from their sales in a given week. Each week, the total statistical value of any job is put on a graph and compared to whether it is higher or lower than the previous week. It is expected in Scientology organizations for one's statistics to always rise, meaning more and more work is being done and things are therefore getting better. Of course, it is impossible for a person to have an endlessly rising amount of production, and so one's statistic will routinely go up and down from week to week. Statistics are used to not only measure production but determine to what degree of trouble someone is in. If their statistic is down for a

given week, they are considered “down stat” and are not given any bonuses, awards or allowed any privileges they might otherwise have when they are “upstat”.

suppression: in Scientology, this word denotes any actions which purposely inhibit or impede someone or something’s ability to get along in life and survive. An example of suppression would be if Joe were to lie to Bill’s boss and get Bill fired from his job. It has the further meaning of doing anything which is thought to impede or stop Scientology’s forward progress in any way, such as criticizing it publicly, encouraging someone to not donate to it or attempting to expose criminal activity Scientology leaders engage in.

suppressive person (SP): the ultimate bad guy in Scientology. When this term was first invented in the mid-1960s, Hubbard described SPs as antisocial personalities, people whose real intentions are never what they say and are always to covertly destroy people. He cites examples such as Dillinger, Hitler and Napoleon and claimed only 2.5% of the population were actual SPs. In the Scientology world, if a person does anything counter to Scientology, leaves it publicly or criticizes it openly, they are formally labelled a Suppressive Person by a written issue printed on goldenrod-colored paper. Such “declare orders” used to posted on notice boards and called for all Scientologists to shun the SP, severing all ties whether familial, personal or business. SP declares are now used as a political tool to get rid of anyone who voices doubts or concerns about Scientology or its leader, David Miscavige, or who dares to associate with anyone else who is deemed as an “enemy” by Scientology. No evidence of antisocial behavior is necessary, merely thinking for oneself or practicing open communication with who one chooses is enough to be declared suppressive.

tech: short for technology, meaning the methods and procedures Hubbard outlined to improve people as spiritual beings. All the auditing and training methods collectively are considered “Scientology technology” and are mainly issued in Bulletins or in recorded lectures.

terminal: in Scientology, this word denotes anything which gives or receives communication. It comes from the analogy of an electronic terminal which can emit or receive an electronic signal. Communication is between living things, so anything which can communicate can be a terminal.

theta: life energy or life force, differentiated from any kind of physical quantity because it has no mass, location, wavelength or physical form.

Theta Clear: a very vaguely defined state of being, but basically a condition where a person can operate stably exterior to their body.

The Way to Happiness: a booklet written in 1980 by L. Ron Hubbard which contains a moral code consisting of 21 precepts such as “Do Not Steal” and “Do Not Harm a Person of Good Will.” These books are printed by the Church of Scientology in bundles and are often distributed by hand in the streets. Scientology claims doing so has quelled social unrest and by getting the book out into war-torn or crime-infested zones, it has reduced crime rates and violence, although there is no real evidence for these claims.

Volunteer Ministers: a program begun by L. Ron Hubbard in the 1970s to get Scientologists to apply basic Scientology principles in the real world, thereby improving conditions and promoting the good works Scientology does. Following the disaster of 9/11 in New York, hundreds of Scientology Volunteer Ministers worked at the Twin Towers site providing logistical support and using Scientology assists to aid disaster relief workers, thus earning media attention and good PR for Scientology. Since that time, whenever there is a natural disaster in the world, Scientology puts out a call to Scientologists to pay their own way and go to the disaster site as Volunteer Ministers. Scientology engages in fundraising of parishioners, ostensibly to send those Volunteer Ministers and aid in disaster relief, but the only thing the Church actually pays for is the film crew it sends to video the

Volunteer Ministers so it can take credit for their work at the next Scientology rally or event.

whole track: the sum total of all a person's memories going back into every past life they've ever led.

wog: a pejorative term for anyone who is not a Scientologist. It comes from old British racial slur for Middle Eastern and South Asian peoples. Hubbard claimed it originally stood for Worthy Oriental Gentleman but this apparently is a false etymology.